

Eric Lee, Ph.D.

Curriculum Vitae

EDUCATION

- 2019 **Ph.D. in Clinical and Counseling Psychology**
Utah State University
Advisor: Michael P. Twohig, Ph.D.
Dissertation: *Telepsychotherapy for the Treatment of Trichotillomania:
A Randomized Controlled Trial*
Predoctoral Internship at Baylor College of Medicine
Supervisors: Eric A. Storch, Ph.D. & Phuong T. Nguyen, Ph.D.
- 2014 **M.A. in Clinical Psychology**
University of Houston – Clear Lake
Advisor: Chad T. Wetterneck, Ph.D.
Thesis: *Thought Control and Emotion Regulation Strategies: Relationships
with Treatment Outcome in Obsessive-Compulsive Disorder*
- 2011 **B.S. in Psychology**
Utah State University

PROFESSIONAL POSITIONS

- July 2019 – **Postdoctoral Fellow**
July 2020 Anxiety Disorders Center, Institute of Living, Hartford Hospital
Supervisor: David F. Tolin, Ph.D.
- July 2018 – **Clinical Psychology Intern**
July 2019 Outpatient Psychiatry Clinic, Baylor College of Medicine
Supervisor: Eric A. Storch, Ph.D.
- July 2018 – **Clinical Psychology Intern**
July 2019 Neuropsychiatric Inpatient Unit, Ben Taub Hospital
Supervisor: Phuong T. Nguyen, Ph.D.
- Jun 2012 – **Research Coordinator and Residential Counselor**
Jun 2014 Houston OCD Program
Supervisor: Thröstur Björgvinsson, Ph.D.

GRANTS

- Sep 2019 Association for Contextual Behavioral Science
A Process-Based App Intervention Study for Clinical Perfectionism
Co-investigator; \$5,000, funded

- Dec 2011 Trichotillomania Learning Center, Inc.
Investigating the Role of Shame, Avoidance of Intimacy, and Self-Compassion in Trichotillomania
Co-investigator; \$3,000, not funded
- Dec 2011 Trichotillomania Learning Center, Inc.
Investigating the Efficacy of Comprehensive Behavioral Treatment for Trichotillomania Using Telehealth: A Randomized Controlled Trial
Co-investigator; \$20,000, not funded

PUBLICATIONS

Published Manuscripts:

29. **Lee, E. B.**, Barney, J. L., Twohig, M. P., Lensegrav-Bensen, T., & Quakenbush, B. (2020). Obsessive compulsive disorder and thought action fusion: Relationships with eating disorder outcomes. *Eating Behaviors, 37*, 101386. <https://doi.org/10.1016/j.eatbeh.2020.101386>
28. **Lee, E. B.**, Rufino, K. A., Cuenod, M. M., Zhang, C. C., Gong, H., Zhang, Y., Jin, H., Yang, Y., Li, B., Luo, X., Liu, W., Fang, F., Li, B., Sun, X., Schneider, S., McIngvale, E., Goodman, W. K., & Storch, E. A. (in press). Family accommodation in Chinese individuals with obsessive-compulsive disorder. *PsyCh Journal*.
27. Storch, E.A., Cepeda, S.L., **Lee, E. B.**, Goodman, S., Robinson, A., De Nadai, A.S., Schneider, S.C., Sheth, S.A., Torgerson, L., & Lazaro-Munoz, G. (in press). Parental attitudes toward deep brain stimulation in adolescents with treatment-resistant conditions. *Journal of Child and Adolescent Psychopharmacology*.
26. **Lee, E. B.**, Goodman, W. K., Schneider, S. C., & Storch, E. A. (2020). Parent-led behavioral intervention for a treatment refusing adult with obsessive-compulsive disorder with poor insight and extreme family accommodation. *Journal of Psychiatric Practice*.
25. **Lee, E. B.**, Hoepfl, C., Werner, C., McIngvale, E. (2019). A review of tech-based self-help treatment programs for obsessive-compulsive disorder. *Journal of Obsessive-Compulsive and Related Disorders, 23*. <https://doi.org/10.1016/j.jocrd.2019.100473>
24. Ong, C. W., Barney, J. L., Barrett, T. S., **Lee, E. B.**, Levin, M. E., & Twohig, M. P. (2019). The role of psychological inflexibility and self-compassion in acceptance and commitment therapy for clinical perfectionism. *Journal of Contextual Behavioral Science, 13*, 7–16.

<https://doi.org/10.1016/j.jcbs.2019.06.005>

23. Ong, C. W., **Lee, E. B.**, Krafft, J., Terry, C. L., Barrett, T. S., Levin, M. E., & Twohig, M. P. (2019). A randomized controlled trial of acceptance and commitment therapy for clinical perfectionism. *Journal of Obsessive-Compulsive and Related Disorders, 13*, 7–16. <https://doi.org/10.1016/j.jocrd.2019.100444>
22. Shabani, M. J., Mohsenabadi, H., Omid, A., **Lee, E. B.**, Twohig, M. P., Ahmadvand, A., Zanjani, Z. (2019). An Iranian study of group acceptance and commitment therapy versus group cognitive behavioral therapy for adolescents with obsessive-compulsive disorder on an optimal dose of selective serotonin reuptake inhibitors. *Journal of Obsessive-Compulsive and Related Disorders, 22*, 1–10. <https://doi.org/10.1016/j.jocrd.2019.04.003>
21. **Lee, E. B.**, Ong, C., Levin, M. E., & Twohig, M. P. (2019). A review of AAQ variants and other context-specific measures of psychological flexibility. *Journal of Contextual Behavioral Science, 12*, 329–346. <https://doi.org/10.1016/j.jcbs.2019.02.007>
20. Kuczynski, A. M., Kanter, J. W., Wetterneck, C. T., Olaz, F. O., Singh, S. R., **Lee, E. B.**, Stowe T. J., Mazzucchelli, T. G., Maitland, D. W. M., Manbeck, K. E., & Corey, M. D. (in press). Measuring intimacy as a contextual-behavioral process: Psychometric development and evaluation of the awareness, courage, and responsiveness scale. *Journal of Contextual Behavioral Science*.
19. Morrison, K. L., Smith, B. M., Ong, C. W., **Lee, E. B.**, Friedel, J. E., Odum, A., Madden, G. J., Ledermann, T., Rung, J., & Twohig, M. P. (2019). Effects of acceptance and commitment therapy on impulsive decision making. *Behavior Modification, 1–24*. <https://doi.org/10.1177/0145445519833041>
18. **Lee, E. B.**, Ong, C. W., An, W., & Twohig, M. P. (2018). Acceptance and commitment therapy for a case of scrupulosity-related obsessive-compulsive disorder. *Bulletin of the Menninger Clinic, 82*(4), 407–423. <https://doi.org/10.1521/bumc.2018.82.4.407>
17. **Lee, E. B.**, Zhang, C. C., Gong, H., Zhang, Y., Jin, H., Yang, Y., Li, B., Luo, X., Liu, W., Fang, F., Li, B., Sun, X., Schneider, S., McIngvale, E., Goodman, W. K., & Storch, E. A. (2018). Psychometric evaluation of the Mandarin Chinese version of the Yale-Brown Obsessive-Compulsive Scale–Self-Report. *Journal of Obsessive-Compulsive and Related Disorders, 19*, 29–33. <https://doi.org/10.1016/j.jocrd.2018.07.006>
16. Levin, M. E., **Lee, E. B.**, & Twohig, M. P. (2018). The role of experiential avoidance in problematic pornography viewing. *The Psychological Record, 1–12*. <https://doi.org/10.1007/s40732-018-0302-3>

15. **Lee, E. B.**, Haeger, J. A., Levin, M. E., Ong, C. W., & Twohig, M. P. (2018). Telepsychotherapy for trichotillomania: A randomized controlled trial of ACT-enhanced behavior therapy. *Journal of Obsessive-Compulsive and Related Disorders*, *18*, 106–115. <https://doi.org/10.1016/j.jocrd.2018.04.003>
14. **Lee, E. B.**, Homan, K., Morrison, K. L., Ong, C. W., Levin, M. E., & Twohig, M. P. (2018). Acceptance and commitment therapy for trichotillomania: A randomized controlled trial of adults and adolescents. *Behavior Modification*, 1–22. <https://doi.org/10.1177/0145445518794366>
13. Ong, C. W., **Lee, E. B.**, & Twohig, M. P. (2018). A meta-analysis of dropout rates in acceptance and commitment therapy. *Behaviour Research and Therapy*, *104*, 14–33. <https://doi.org/10.1016/j.brat.2018.02.004>
12. Rohani, F., Rasouli-Azad, M., Twohig, M. P., Ghorishi, F. S., **Lee, E. B.**, & Akbari, H. (2018). Preliminary test of group acceptance and commitment therapy on obsessive-compulsive disorder for patients on optimal dose of selective serotonin reuptake inhibitors. *Journal of Obsessive-Compulsive and Related Disorders*, *16*, 8–13. <https://doi.org/10.1016/j.jocrd.2017.10.002>
11. **Lee, E. B.**, Sherwood, J. A., Crosby, J. M., & Twohig, M. P. (2018). Can distressing sexual thoughts be regulated? Experiential willingness versus distraction. *Journal of Cognitive Psychotherapy*, *32*(1), 49–66. <https://doi.org/10.1891/0889-8391.32.1.49>
10. **Lee, E. B.**, Ong, C. W., Twohig, M. P., Lensegrav-Bensen, T., & Quakenbush-Roberts, B. (2017). Increasing body image flexibility in a residential eating disorder facility: Correlates with symptom improvement. *Eating Disorders*, *26*(2), 185–199. <https://doi.org/10.1080/10640266.2017.1366229>
9. **Lee, E. B.**, Smith, B. M., Twohig, M. P., Lensegrav-Bensen, T., & Quakenbush-Roberts, B. (2017). Assessment of the body image acceptance and action questionnaire in a female residential eating disorder treatment facility. *Journal of Contextual Behavioral Science*, *6*, 21–28. <https://doi.org/10.1016/j.jcbs.2016.11.004>
8. Hong, J., **Lee, E. B.**, Bravo, M., Wetterneck, C. T., & Hart, J. M. (2017). Need to screen for clinical levels of OCD? Four questions are the key. *Bulletin of the Menninger Clinic*, *81*(3), 1–17. https://doi.org/10.1521/bumc_2017_81_03
7. Bluett, E. J., **Lee, E. B.**, Simone, M., Lockhart, G., Lensegrav-Bensen, T., Quakenbush-Roberts, B., & Twohig, M. P. (2016). The role of body image psychological flexibility on the treatment of eating disorders in a residential facility. *Eating Behaviors*, *23*, 150–155. <https://doi.org/10.1016/j.eatbeh.2016.10.002>

6. **Lee, E. B.**, Bistricky, S. L., Milam, A. C., Wetterneck, C. T., & Björgvinsson, T. (2016). Thought control strategies and symptom dimensions in obsessive-compulsive disorder: Associations with treatment outcome. *Journal of Cognitive Psychotherapy, 30*(3), 177–189. <https://doi.org/10.1891/0889-8391.30.3.177>
5. Wetterneck, C. T., **Lee, E. B.**, Flessner, C. A., Leonard, R. C., & Woods, D. W. (2016). Personality characteristics and experiential avoidance in trichotillomania: Results from an age and gender matched sample. *Journal of Obsessive-Compulsive and Related Disorders, 8*, 64–69. <https://doi.org/10.1016/j.jocrd.2015.12.003>
4. **Lee, E. B.**, An, W., Levin, M. E., & Twohig, M. P. (2015). An initial meta-analysis of Acceptance and Commitment Therapy for treating substance abuse. *Drug and Alcohol Dependence, 15*, 1–7. <https://doi.org/10.1016/j.drugalcdep.2015.08.004>
3. **Lee, E. B.**, Steinberg, D. A., Phillips, L., Hart, J. M., Smith, A. H., & Wetterneck, C. T. (2015). Examining the effects of accommodation and caregiver burden on relationship satisfaction in caregivers of individuals with OCD. *Bulletin of the Menninger Clinic, 79*(1), 1–13. <https://doi.org/10.1521/bumc.2015.79.1.1>
2. Leonard, R., Knott, L., **Lee, E. B.**, Singh, S., Smith, A. H., Kanter, J. W., Norton, P. J., & Wetterneck, C. T. (2014). The development of the Functional Analytic Psychotherapy Intimacy Scale. *The Psychological Record, 64*, 647–657. <https://doi.org/10.1007/s40732-014-0089-9>
1. Wetterneck, C. T., **Lee, E. B.**, Smith, A. H., & Hart, J. M. (2013). Courage, self-compassion, and values in obsessive-compulsive disorder. *Journal of Contextual Behavioral Science, 2*, 68–73. <https://doi.org/10.1016/j.jcbs.2013.09.002>

Book Chapters:

8. Williams, M. T., Wetterneck, C. T., Hart, J. M., **Lee, E. B.**, & Russell, S. (2019). Step-by-step treatment manual. In M. T. Williams, & C. T. Wetterneck (Eds.), *Sexual Obsessions in Obsessive-Compulsive Disorder*. New York, NY: Oxford University Press.
7. **Lee, E. B.**, Pierce, B. G., Twohig, M. P., & Levin, M. E. (in press). Acceptance and commitment therapy. In Amy Wenzel (Ed.), *APA Handbook of Cognitive Behavioral Therapies*. American Psychological Association.
6. **Lee, E. B.**, Ong, C. W., & Twohig, M. P. (in press). Acceptance and Commitment Therapy (ACT) for anxiety. In P. Lucena-Santos, S.A. Carvalho, J. Pinto-Gouveia, M. S. Oliveira, & J. Pistorello (Eds.). *Manual Internacional de Fundamentos Teóricos e Práticos da Terapia de Aceitação e Compromisso*

[International Handbook of Theoretical and Practical Foundations of Acceptance and Commitment Therapy]. Novo Hamburgo, RS: Sinopsys Editora.

5. **Lee, E. B.**, Ong, C. W., & Twohig, M. P. (2018). Trichotillomania and excoriation disorder. In A. Maragakis and W. T. O'Donohue (Eds.), *Principle-based stepped care and brief psychotherapy for integrated care settings*. (pp. 461–468). New York, NY: Springer Publishing.
4. Ong, C. W., **Lee, E. B.**, & Twohig, M. P. (2018). Hoarding disorder. In A. Maragakis and W. T. O'Donohue (Eds.), *Principle-based stepped care and brief psychotherapy for integrated care settings*. (pp. 215–222). New York, NY: Springer Publishing.
3. **Lee, E. B.** & Twohig, M. P. (2017). Trichotillomania treatment. In Amy Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology* (pp. 3664–3667). Thousand Oaks, CA: SAGE.
2. Morrison, K. L., Smith, B. M., **Lee, E. B.**, & Twohig, M. P. (2017). Acceptance and commitment therapy for OC-spectrum disorders. In J. S. Abramowitz, D. McKay, & E. Storch (Eds.), *The Wiley Handbook of Obsessive Compulsive Disorders* (pp. 1175–1192). Hoboken, NJ: Wiley-Blackwell.
1. Smith, B. M., Bluett, E. J., **Lee, E. B.**, & Twohig, M. P. (2017). Acceptance and commitment therapy for OCD. In J. S. Abramowitz, D. McKay, & E. Storch (Eds.), *The Wiley Handbook of Obsessive Compulsive Disorders* (pp. 596–613). Hoboken, NJ: Wiley-Blackwell.

Manuscripts Under Review:

6. Twohig, M. P., Petersen, J. M., Fruge, J., Ong, C. W., Barney, J. L., Krafft, J., **Lee, E. B.**, & Levin, M. E. *A pilot randomized controlled trial of online-delivered ACT-enhanced behavior therapy for trichotillomania in adolescents*. Manuscript submitted for publication
5. Tolin, D., **Lee, E. B.**, Levy, H. C., Das, A., Mammo, L., Katz, B. W., & Diefenbach, G. J. (2020). *Psychophysiological assessment of stress reactivity and recovery in anxiety disorders*. Manuscript submitted for publication.
4. Ong, C. W., **Lee, E. B.**, Petersen, J. M., Levin, M. E., & Twohig, M. P. (2020). *When maladaptive perfectionism is adaptive: Examining the moderating influence of self-compassion and psychological flexibility*. Manuscript submitted for publication.
3. Ong, C. W., Hancock, A. S., Barrett, T. S., **Lee, E. B.**, Wan, N., Gillam, R. B., Levin, M. E., Twohig, M. P. (2020). *Effect of Acceptance and Commitment Therapy on Neurological Functioning in Clinical Perfectionism*. Manuscript submitted for

publication.

2. Nederpel, T. M. H., **Lee, E. B.**, Zhang, C. C., Goodman, W. K., Storch, E. A. (2020). *The Obsessive-Compulsive Inventory – Revised: Replication of the psychometric properties in China*. Manuscript submitted for publication.
1. Grebe, S. C., Bergez, K. C., **Lee, E. B.**, Schneider, S. C., Goodman, W. K., & Storch, E. A. (2020). Evidence-based treatment of pediatric obsessive-compulsive and related disorders. In Steele, R. G. & Roberts, M. C. (Eds.), *Handbook of Evidence-Based Therapies for Children and Adolescents: Bridging Science and Practice. Second Edition*. Manuscript submitted for publication.

PEER REVIEWED PRESENTATIONS

Oral Presentations:

10. Ong, C. W., **Lee, E. B.**, Krafft, J., Terry, C. L., Barrett, T. S., Levin, M. E., & Twohig, M. P. (2019, November). A randomized controlled trial of acceptance and commitment therapy for clinical perfectionism. In C. W. Ong (Chair), *Using acceptance and commitment therapy for different clinical presentations: Evidence-based adaptations*. Symposium conducted at the 53rd annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
9. Ong, C. W., Hancock, A. S., **Lee, E. B.**, Gillam, R. B., & Twohig, M. P. (2018, November). The effect of acceptance and commitment therapy on neurological activity in clinical perfectionism. In R. J. Jacoby (Chair), *Acceptance and anxiety: Recent advances in the assessment and treatment of anxiety disorders using an ACT framework*. Symposium conducted at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
8. **Lee, E. B.**, An, W., Levin, M., & Twohig, M. P. (2016, June). An initial meta-analysis of ACT for substance use disorders. In Chin, F. (Chair), *Meta-analysis in contextual behavior science: A symposium of synthesis*. Presented at the 14th Annual Association for Contextual Behavioral Science World Conference, Seattle, WA.
7. **Lee, E. B.** (Chair), (2016, June). How does ACT enhance our understanding of exposure? Symposium at the 14th Annual Association for Contextual Behavioral Science World Conference, Seattle, WA.
6. **Lee, E. B.**, Homan, K., Morrison, K. L., Smith, B. M., & Twohig, M. P. (2015, October). Acceptance and Commitment Therapy for trichotillomania. In **Lee, E. B.** (Chair), *Contextual behavioral research across domains*. Symposium presented at the Rocky Mountain Association for Contextual Behavioral Science Regional Conference, Salt Lake City, UT.

5. Callaghan, G., Wetterneck, C. T., Maitland, D., Smith, A., **Lee, E. B.**, & Björgvinsson, T. (2014, June). The Functional Idiographic Assessment Template Questionnaire (FIAT-Q): Data for an assessment used in contextual behavioral interventions. In Wetterneck, C. T. (Chair), *Tools for clinical and research targets in the areas of interpersonal functioning and intimacy: Concepts and measures from Functional Analytic Psychotherapy*. Symposium presented at the Association for Contextual Behavioral Science 14th Annual World Convention, Minneapolis, MN.
4. Wetterneck, C. T., Leonard, R., Knott, L., Singh, S., **Lee, E. B.**, & Kanter, J. (2014, June). Exploring behavior analytic constructs of intimacy: The development and use of the Functional Analytic Psychotherapy Intimacy Scale. In Wetterneck, C. T. (Chair), *Tools for clinical and research targets in the areas of interpersonal functioning and intimacy: Concepts and measures from Functional Analytic Psychotherapy*. Symposium presented at the Association for Contextual Behavioral Science 14th Annual World Convention, Minneapolis, MN.
3. **Lee, E. B.**, Wetterneck, C. T., Smith, A. H., & Hart, J. M. (2012, April). *The relationship between values and obsessive-compulsive disorder*. Presented at the 18th Annual Student Conference for Research & Creative Arts, Houston, TX.
2. Zwecker, N. A., Anderson, E. R., Fullerton, G. Björgvinsson, T., & **Lee, E. B.** (2013, April). *OCD and comorbid disorders: Implications for treatment and outcome*. Presented at the Anxiety and Depression Association of America Conference, La Jolla, CA.
1. **Lee, E. B.**, Zwecker, N. A., Anderson, E. R., Fullerton, G. & Björgvinsson, T. (2013, April). *A review of OCD and comorbid disorders*. Presented at the 19th Annual Student Conference for Research & Creative Arts, Houston, TX.

Poster Presentations:

27. Barney, J. L., **Lee, E. B.**, Twohig, M. P., Lensegrav-Benson, T., Quakenbush-Robert, B. (2019, March). *Obsessive compulsive disorder symptomology and thought action fusion presentation within individuals seeking treatment at a residential eating disorder treatment facility*. Presented at the annual International Conference on Eating Disorders, New York, NY.
26. Barney, J. L., **Lee, E. B.**, Twohig, M. P., Lensegrav-Benson, T., Quakenbush-Robert, B. (2019, March). *Obsessive compulsive disorder symptomology and thought action fusion: Relationships with eating disorder treatment outcomes*. Presented at the annual International Conference on Eating Disorders, New York, NY.

25. Ong, C. W., Hancock, A., **Lee, E. B.**, Gillam, R. B., Levin, M. E., & Twohig, M. P. (2018, July). *Neurological differences between individuals with and without clinical perfectionism*. Presented at the 25th annual conference of the International OCD Foundation, Washington, DC.
24. **Lee, E. B.**, Lensegrav-Benson, T., & Quakenbush-Roberts, B., & Twohig, M. P. (2018, April). *Changes in body image flexibility in a residential eating disorder facility: Correlates with symptom improvement*. Presented at the International Conference on Eating Disorders Annual Convention, Chicago, IL.
23. **Lee, E. B.**, Ong, C. W., Twohig, M. P., Lensegrav-Benson, T., & Quakenbush-Roberts, B. (2017, November). *Body image flexibility and symptom improvement in a residential eating disorder facility*. Presented at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
22. **Lee, E. B.**, Homan, K., Morrison, K. L., & Twohig, M. P. (2016, October). *Acceptance and commitment therapy for trichotillomania*. Presented at the Association for Behavioral and Cognitive Therapies 50th Annual Convention, Special Interest Group Poster Exposition, New York, NY.
21. Kuczynski, A. M., Epistola, J., Mier-Chairez, J., Stowe, T., **Lee, E. B.**, Singh, S., Flaherty, B. P., Dudek, J. E., Tsai, M., Kanter, J. W. (2016, June). *Measuring awareness, courage, and love as a contextual behavioral interpersonal process model for the development of intimacy*. Presented at the 14th Annual Association for Contextual Behavioral Science World Conference, Seattle, WA.
20. **Lee, E. B.**, Bluett, E. J., Ong, C. W., Lockhart, G., Twohig, M. P., Lensegrav-Benson, T., & Quakenbush-Roberts, B. (2016, June). *Psychological flexibility as a predictor of quality of life and eating disorder risk in a female residential treatment setting*. Presented at the 14th Annual Association for Contextual Behavioral Science World Conference, Seattle, WA.
19. Bluett, E. J., **Lee, E. B.**, Lockhart, G., Simone, M., Twohig, M. P., Lensegrav-Benson, T., & Quakenbush-Roberts, B. (2015, November). *Efficacy and clinical response rates of acceptance and commitment therapy for eating disorders in a residential setting*. Presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, Special Interest Group Poster Exposition, Chicago, IL.
18. **Lee, E. B.**, Bistricky, S. L., Milam, A. C., Wetterneck, C. T., & Björgvinsson, T. (2014, November). *Thought control strategies and obsessive-compulsive disorder dimensionality*. Presented at the Association for Behavioral and Cognitive Therapies 48th Annual Convention, Special Interest Group Poster Exposition, Philadelphia, PA.

17. **Lee, E. B.**, Singh, S., Knott, L. E., Smith, A. H., Wetterneck, C. T., & Kanter, J. (2013, November). *Validation of the functional analytic psychotherapy intimacy scale*. Presented at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN.
16. Knott, L. E., **Lee, E. B.**, Singh, S., Smith, A. H., Norton, P. J., & Wetterneck, C. T. (2013, November). *Demographic differences in the functional idiographic assessment template*. Presented at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN.
15. Singh, S., Knott, L. E., **Lee, E. B.**, & Wetterneck, C. T. (2013, November). *Experience of shame within pathological skin picking*. Presented at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN.
14. Singh, S., **Lee, E. B.**, Knott, L. E., & Wetterneck, C. T. (2013, November). *Psychological inflexibility and intimacy and interpersonal difficulties within obsessive-compulsive spectrum conditions*. Presented at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Special Interest Group Poster Exhibition, Nashville, TN.
13. **Lee, E. B.**, Knott, L., Singh, S., & Wetterneck, C. T. (2013, July). *Barriers to treatment and the experience of shame for individuals with obsessive-compulsive spectrum conditions*. Presented at the 20th Annual Conference for the International Obsessive Compulsive Disorder Foundation, Atlanta, GA.
12. Hong, J., Bravo, M., Wetterneck, C. T., & **Lee, E. B.** (2013, July). *Evaluation of the Copperfield-Clear Lake Screener in determining obsessive-compulsive disorder*. Presented at the 20th Annual Conference for the International Obsessive Compulsive Disorder Foundation, Atlanta, GA.
11. Rinehart, K.L., Harrison, L.E., Springer, K., Chasson, G.S., VanKirk, N., **Lee, E. B.**, Wetterneck, C.T., Hart, J., Kertz, S., Björgvinsson, T. (2013, July). *Sudden gains in obsessive-compulsive disorder symptoms in patients with severe symptom presentation: A pilot study*. Presented at the 20th Annual Conference for the International Obsessive Compulsive Disorder Foundation, Atlanta, GA.
10. Harrison, L. E., Rinehart, K. L., **Lee, E. B.**, Chasson, G. S., Wetterneck, C. T., Hart, J. M., Kertz, S., & Björgvinsson, T. (2013, April). *Sudden gains in obsessive compulsive disorder symptoms in patients with severe symptom presentation*. Presented at the Anxiety and Depression Association of America Conference, La Jolla, CA.
9. Broussard, J. M., Benoit, B. A., **Lee, E. B.**, Short, M. B. (2012, November). *Video games and their impact on behavior*. Presented at the Association for Behavioral and Cognitive Therapies 46th Annual Convention, Special Interest Group Poster Exposition, National Harbor, MD.

8. **Lee, E. B.,** Wetterneck, C. T., Steinberg, D. S., Smith, A. H., & Hart, J. M. (2012, July). *The relationship between values and obsessive-compulsive disorder*. Presented at the 19th Annual International Obsessive-Compulsive Disorder Foundation Conference, Chicago, IL.
7. **Lee, E. B.,** Wetterneck, C. T., French, C., Smith, A. H., & Hart, J. M. (2012, July). *Caregiver burden and family accommodation: Perspective of individuals with obsessive-compulsive disorder*. Presented at the 19th Annual International Obsessive-Compulsive Disorder Foundation Conference, Chicago, IL.
6. Steinberg, D. S., Wetterneck, C. T., **Lee, E. B.,** Smith, A. H., & Hart, J. M. (2012, July). *Perceptions of threat from emotion: The relationship between threatening emotions and OCD severity*. Presented at the 19th Annual International Obsessive-Compulsive Disorder Foundation Conference, Chicago, IL.
5. **Lee, E. B.,** Broussard, J., Wetterneck, C. T., & Holman, G. I. (2012, July). *Validation of the Functional Analytic Psychotherapy Impact Scale for Therapists (FAPIS-T)*. Presented at the 10th Annual Association for Contextual Behavioral Science World Conference, Washington, D.C.
4. **Lee, E. B.,** Wetterneck, C. T., Smith, A. H., & Hart, J. M. (2012, July). *The Role of values in obsessive-compulsive disorder severity*. Presented at the 10th Annual Association for Contextual Behavioral Science World Conference, Washington, D.C.
3. **Lee, E. B.,** Broussard, J., Wetterneck, C. T., & Peres, S. C. (2012, April). *Therapists and therapists-in-training: Differences in risk-taking and in-session focus*. Presented at the 18th Annual Student Conference for Research & Creative Arts, Houston, TX.
2. Wetterneck, C. T., Flessner, C. A., Woods, D. W., **Lee, E. B.,** Manos, R., & Steinberg, D.S. (2011, November). *Personality characteristics and experiential avoidance in Trichotillomania: Results from an age and gender matched sample*. Presented at the Association for Behavioral and Cognitive Therapies 45th Annual Convention, Special Interest Group Poster Exposition, Toronto, ON.
1. Anderson, S. & **Lee, E. B.** (2011, April). *Father support of toddler language development*. Presented at the Rocky Mountain Psychological Association Conference, Salt Lake City, UT.

PROFESSIONAL ACTIVITIES

Guest Reviews:

- Behavior Therapy

- Clinical Psychological Science
- Clinical Psychology & Psychotherapy
- Clinical Psychology Review
- Cognitive Therapy and Research
- Journal of Clinical Dermatology & Therapy
- Journal of Consulting and Clinical Psychology
- Journal of Contextual Behavior Science
- Journal of Obsessive Compulsive and Related Disorders

Memberships in Professional Organizations:

- Association for Behavioral and Cognitive Therapies
- ABCT Tic and Impulse Control Disorders Special Interest Group
- Association for Contextual Behavioral Science
- International Obsessive-Compulsive Disorder Foundation
- Anxiety and Depression Association of America

TEACHING

Courses Taught:

- Fall 2020 **PSYC 535: Psychopathology**
 PSYC 594E: Clinical Practicum
 Southern Illinois University
- Fall 2019 **Cognitive-Behavior Therapy**
 Hartford Hospital
 Co-taught with David Tolin, Ph.D.
- Fall 2014 & **PSY 4950: Undergraduate Apprenticeship**
 Spring 2015 Utah State University

Invited Lectures:

- Jan 2019 **Cognitive Behavior Therapy for Obsessive-Compulsive Disorder**
 Baylor College of Medicine
- Jan 2019 **Acceptance and Commitment Therapy for Resident Physicians**
 Baylor College of Medicine
- Nov 2017 **Acceptance and Commitment Therapy for Adolescents and**
Parents
 Avalon Hills Eating Disorder Program
- Jan 2017 **Sleep Hygiene and Stress Management**
 Box Elder School District
- Mar 2016 **Trichotillomania**

PSY 3210: Abnormal Psychology
Utah State University

Mar 2016 **Why Can't I Stop These Thoughts?**
Mental Health is No Joke Week
Utah State University

Oct 2015 **Obsessive-Compulsive Disorder**
PSY 3210: Abnormal Psychology
Utah State University

Workshop Presentations:

Sep 2017 **Acceptance and Commitment Therapy, 2-Day Workshop**
The Center for Clinical Research
Utah State University

Oct 2017 **An Introduction to Acceptance and Commitment Therapy for Behavior Analysts, 1-Day Workshop**
Utah Association for Behavioral Analysis Annual Conference

AWARDS

2018 **Leonard Krasner Dissertation Award**
Association for Behavioral and Cognitive Therapies

2018 **Doctoral Student Researcher of the Year Award**
Utah State University

2018 **College of Education and Human Services Doctoral Student Researcher of the Year**
Utah State University

2016 **Elwin C. Nielsen Award**
Walter R. Borg Applied Practice and Research Award
Utah State University

2013 **Jesse H. & Mary Gibbs Jones Award**
University of Houston–Clear Lake

2012 **OCD Texas Research Award**
International OCD Foundation

TRAININGS ATTENDED

Nov 2019 **Open Science Practices for Clinical Researchers**
Association for Behavioral and Cognitive Therapies

Conducted by Jessica Schleider Ph.D. and Michael Mullarkey Ph.D.

- Nov 2019 **Functional Analysis in Process-Based CBT**
Association for Behavioral and Cognitive Therapies
Conducted by Stefan G. Hofmann, Ph.D. and Steven C. Hayes, Ph.D.
- Sep 2014 **Getting Started as a Successful Proposal Writer and Academician Workshop**
Utah State University
- Sep 2014 **The Center for Clinical Research's 3rd Annual Acceptance and Commitment Therapy 2-Day Workshop**
Conducted by Michael P. Twohig Ph.D., Utah State University
- Nov 2012 **Acceptance and Commitment Therapy 3-Day Workshop Learning ACT: An Experiential Introduction**
Conducted by Amy R. Murrell Ph.D., University of North Texas
- Feb – **Level II Weekly Functional Analytic Psychotherapy Training Group**
- Apr 2012 Conducted by Chad T. Wetterneck, Ph.D., University of Houston – Clear Lake and Angela Smith, M.A., University of Houston

RESEARCH EXPERIENCE

- July 2019 – **Anxiety Disorders Center Research Team**
July 2020 Institute of Living, Hartford Hospital
Supervisor: David F. Tolin, Ph.D.
- June 2018 – **Baylor OCD Research Team**
July 2019 Baylor College of Medicine
Supervisor: Eric A. Storch, Ph.D.
- Jan 2015 – **Avalon Hills Eating Disorder Program Assistantship**
July 2018 Supervisor: Michael P. Twohig, Ph.D.
- Jul 2014 – **Center for Clinical Research Lab**
July 2018 Utah State University
Supervisor: Michael P. Twohig, Ph.D.
- Jul 2012 – **Research Coordinator**
Jun 2014 Houston OCD Program
Supervisor: Thröstur Björgvinsson, Ph.D.
- Aug 2011 – **Anxiety Research Team Lab**
May 2014 University of Houston – Clear Lake

Supervisor: Chad T. Wetterneck, Ph.D.

Sep 2010 – **Severe Behavior Clinic Undergraduate Research Assistant**

May 2011 Utah State University

Supervisor: Andrew L. Samaha, Ph.D.

Mar 2010 – **Early Intervention Research Institute Undergraduate Research Assistant**

May 2011 Utah State University

Supervisor: Lori A. Roggman, Ph.D.

CLINICAL TRAINING AND EXPERIENCE

Aug 2019 – **Practicum Supervisor**

July 2020 Institute of Living

Graduate student practicum

Aug 2019 – **Anxiety Disorders Center**

July 2020 Institute of Living, Hartford Hospital

Supervisor: Heather Latin, Ph.D.

July 2018 – **Obsessive Compulsive Disorder Specialty Clinic**

July 2019 Baylor Psychiatry Clinic

Baylor College of Medicine

Supervisor: Eric A. Storch, Ph.D.

July 2018 – **Neuropsychiatric Inpatient Unit**

July 2019 Ben Taub Hospital

Supervisor: Phuong T. Nguyen, Ph.D.

Aug 2014 – **Center for Clinical Research Lab**

May 2018 Utah State University

Supervisor: Michael P. Twohig, Ph.D.

Jun 2016 – **Brigham City Cardiac Wellness Practicum**

May 2017 Brigham City Community Hospital, Brigham City, Utah

Supervisor: Scott DeBerard, Ph.D.

Aug 2015 – **USU Anxiety Clinic Practicum**

May 2016 Utah State University

Supervisor: Michael P. Twohig, Ph.D.

Aug 2014 – **USU Community Clinic Practicum**

Aug 2015 Utah State University

Supervisor: Susan Crowley, Ph.D.

- Jun 2013 – **UHCL External Practicum**
Dec 2013 Center for Mind Body Health, Houston, Texas
Supervisor: Gwen Brehm, LPC, LMFT
- May 2013 – **Psychological Services Clinic Practicum**
Dec 2013 University of Houston – Clear Lake
Supervisor: Chad T. Wetterneck, Ph.D.
- Jun 2012 – **Residential Counselor**
Jun 2014 Houston OCD Program, Houston, Texas
Director: Thröstur Björgvinsson, Ph.D.
- Jun 2012 – **Psychological Services Clinic Practicum**
Dec 2012 University of Houston – Clear Lake
Supervisor: William D. Norwood, Ph.D.